

The Dean and Bishops Alan and Jonathan

with other members of Chapter, Bishop's Senior Staff and the Cathedral Community

(warmly?) invite

you

to a Sleep Out in the Cloisters

Tuesday 1st December

to help raise awareness of homelessness

Join us at 7.00pm for the Blessing of the Crib Scene

Then 9.00pm onwards fun, fellowship and (hopefully) some sleep in the Cloisters
to raise money for the Church Urban Fund.

A soup run has been promised and free cardboard will be available!

A warming breakfast at 6.45am and an invitation to Morning Prayer at 7.30am

RSVP *acceptances only!*: The Cloister Crew, 65 The Close, Norwich, NR1 4DH
or via canon.missionandpastoral@cathedral.org.uk
or 01603 218331

If you can join us please

- * encourage family, friends, colleagues, neighbours to sponsor the Cloister Crew in general or you in particular.
- * Visit <https://adventsleepout.everydayhero.com/uk/the-cloister-crew> and set up your own fund-raising page then send out the link to all your email contacts and invite them to sponsor you.
- * Prepare yourself for trying to keep warm and comfortable on the cold stones of the Cloisters.
- * And remember: one night of discomfort in the Cloisters is as nothing to those who daily face poor housing or, worse, homelessness.

If you cannot join us please

- * consider sponsoring us. You can donate on line via <https://adventsleepout.everydayhero.com/uk/the-cloister-crew> or hand in donations to members of the Chapter Crew or to The Chapter Office, 65 The Close, Norwich, NR1 4DH. Cheques payable to "Church Urban Fund". Gift Aid envelopes are available.
- * Together we can end homelessness.



Poverty in England

Poverty is a very real phenomenon in England. Around 13 million people, including 3.5 million children, are estimated to be living in poverty.

Yet poverty is not just about income. It is a complex experience that impacts every aspect of people's lives. At Church Urban Fund, we group the different aspects of poverty into three categories:

Poverty of resources – when people lack sufficient resources, such as income, skills, qualifications or health, to achieve a good standard of living. Where resources are limited, so are people's choices and opportunities.

Poverty of relationships – when people lack the strong and supportive relationships on which individual, family and community life are built, resulting in loneliness and isolation. Where relationships are under pressure or where communities are fragmented and hostile, it is difficult to thrive in human terms.

Poverty of identity – when people lack a strong sense of self-worth and a belief in their own ability to respond to challenges. Where these are missing, it can lead to low self-esteem, a lack of well-being and aspiration, poor mental health and even drug and alcohol misuse.

These issues are complex and closely interlinked, trapping individuals and whole communities in what we call the 'Web of Poverty'.

